



JANUARY ACTIVITY CALENDAR



Welcome



Our theme for this year is.....





This could mean a few different things! It might mean travel, modes of transportation, growth and nurturing, reminiscing about the past or looking forward to the future. It could also mean the journey of life, which is something we all share, yet the experience is different for everyone. If you can think of any ways we can explore this theme then please let us know!

Together, we will journey From Here to There in 2025!



JANUARY ACTIVITY CALENDAR



Wednesday 1st	NEW YEAR'S DAY PUBLIC HOLIDAY		
	2.00pm	Mouse Hole Golf	Ruby
Thursday 2nd 	10.30am	Documentary: <i>Trials of Life: Growing Up</i> (David Attenborough)	Channel 42
	2.00pm	Discovery Group	Main Hall
Friday 3rd 	10.30am	Fitness (via YouTube)	Channel 42
	2.00pm	First Friday wagon (TBC) (There will be a different treat each month. The picture gives you a clue!) Amethyst → Sapphire → Ruby → Emerald	To Rooms
Saturday 4th	2.00pm	Drawing & Colouring	Ruby


THOUGHT FOR THE WEEK: The journey of a thousand miles, begins with one step

- Lao Tzu



Look for this symbol to join in with our "From Here to There" themed activities!



REMINDER:
 Activities with this symbol  are NOT streamed on Channel 42.
 Please come to the Main Hall to join in! 😊



JANUARY ACTIVITY CALENDAR



Sunday 5th	3.00pm	Memorial Meeting Aberfoyle Park Ecclesia (Collection for Agape in Action)	Main Hall
Monday 6th	10.30am	Fitness	Main Hall
	2.00pm	Bible Reading	Main Hall
Tuesday 7th	10.30am	Craft	Main Hall
	2.00pm	Bingo	Main Hall
Wednesday 8th	10.30am	Yoga & relaxation with Nancy	Main Hall
	2.00pm	Musical Interlude: <i>Andre Rieu: Live in Dublin</i>	Channel 42
Thursday 9th	10.30am	Focus on Faith: The Bible Speaks	Main Hall
	2.00pm	Ladies Bible Circle	Main Hall
	2.00pm	Men's Group	TBA
Friday 10th	10.30am	Fitness & Standing	Main Hall
	2.00pm	January Birthday Party & Happy Hour	Main Hall
Saturday 11th	10.30am	Hymn Singing with Marlene	Main Hall
	2.00pm	Mobii	Ruby

THOUGHT FOR THE WEEK: Do something today that your future self will thank you for

- Anonymous





JANUARY ACTIVITY CALENDAR



Sunday 12th	3.00pm	Memorial Meeting Brighton Ecclesia	Main Hall
Monday 13th	10.30am	Fitness	Main Hall
	2.00pm	Bible Reading	Main Hall
Tuesday 14th	ONKAPARINGA OUTREACH LIBRARY		
	10.30am	Craft Circle 	Main Hall
	2.00pm	Bingo 	Main Hall
Wednesday 15th	10.30am	Tai Chi with Richard & Walk	Main Hall
	2.00pm	Documentary: <i>Discover England</i> <i>Dartmoor Spring & Summer</i>	Channel 42
Thursday 16th	10.30am	Anglican Church Service	Main Hall
	2.00pm	Discovery Group	Main Hall
Friday 17th	10.30am	Fitness	Main Hall
	1.30pm	At the Theatre: <i>Royal Wedding</i>	Main Hall
Saturday 18th	10.30am	Hymn Singing with Marlene 	Main Hall
	2.00pm	Quoits	Ruby



THOUGHT FOR THE WEEK: It's all about the journey, not the outcome

- Carl Lewis









Join Fred Astaire as he falls in love, and dances on the walls and ceiling during the 1951 musical comedy, *Royal Wedding*. Come along to the Main Hall on Friday 17th January at 1.30pm and kick your heels up!





JANUARY ACTIVITY CALENDAR



Sunday 19th	3.00pm	Memorial Meeting Mt Barker Ecclesia	Main Hall
Monday 20th	10.30am	Fitness	Main Hall
	2.00pm	Bible Reading	Main Hall
Tuesday 21st 	10.30am	Active Games 	Main Hall
	1.30pm	What's Cooking? <i>Lemon Slice & ginger beer mocktails</i>	Ruby
Wednesday 22nd 	10.30am	Yoga & relaxation with Nancy	Main Hall
	2.00pm	Documentary: <i>The Private Life of Plants</i> (David Attenborough)	Channel 42
Thursday 23rd 	10.30am	Old Time Sing-along	Main Hall
	2.00pm	Ladies Bible Circle	Main Hall
	2.00pm	Men's Group	TBA
Friday 24th 	10.30am	Fitness	Ruby
	12.00pm	BBQ Lunch 	Main Hall
	2.30pm	Bowls 	Main Hall
Saturday 25th	10.30am	Hymn Singing with Marlene 	Main Hall
	2.00pm	Mobii	Ruby

THOUGHT FOR THE WEEK: The only impossible journey is the one you never begin

- Tony Robbins

All residents are invited to attend the Main Hall on Friday 24th January for a BBQ Lunch to celebrate Australia Day. Come and share a bonza time with everyone! Fair dinkum mate!





JANUARY ACTIVITY CALENDAR



Sunday 26th	3.00pm	Memorial Meeting Cumberland Ecclesia	Main Hall
Monday 27th	 AUSTRALIA DAY PUBLIC HOLIDAY 		
	2.00pm	Bible Reading	Main Hall
Tuesday 28th	10.30am	9-Letter Word Game 	Main Hall
	2.00pm	Bingo 	Main Hall
Wednesday 29th	10.30am	Tai Chi with Richard & Walk	Main Hall
	2.00pm	Lunar New Year Celebration with Sinova & Chun	Main Hall
Thursday 30th	10.30am	Reminiscing 	Main Hall
	2.00pm	Discovery Group	Main Hall
Friday 31st	10.30am	Hymn Singing	Main Hall
	2.00pm	Music Appreciation with Rozz "From Here to There: Bicycles"	Main Hall

THOUGHT FOR THE WEEK: Some beautiful paths can't be discovered without getting lost

What better way to celebrate getting From Here to There than by celebrating a new year! Come along to the Main Hall on Wednesday 29th January to learn about and celebrate the Chinese Lunar New Year. 2025 is the year of the Snake!

恭喜發財

- Erol Ozan



Our 2025 theme *From Here to There* is going to be a wonderful ride! Please let us know if you can think of any activities that will add to the journey 😊